

***Eurhythmics Dance Studio, Inc.
Dance Attire Listing 2023-2024***

At Eurhythmics Dance Studio, Inc., we believe that wearing proper dance attire to each lesson gives students a sense of belonging to our family as well as creating an identity for our studio in the greater community.

Our dress code also:

- Encourages discipline
- Help students resist peer pressure to buy stylish clothes for class
- Help identify non-students in the studio
- Diminish economic and social barriers between students
- Increase a sense of belonging and school pride
- Improve attendance

Dance attire can be purchased during our second hand sale, or at any dance wear store.

Suggested Dance Attire Stores

City Dancewear
citydancewear.com
5403 Crowchild Trail NW
Ste 106
Calgary AB T3B 4Z1
· 403-288-3060

Bodythings
5308 17 Ave SE, Calgary
· 403-686-7726

See below for our dance attire listing:

Please ensure all parts of your child's dance attire are clearly labeled - individual shoes, socks, bodysuits, shorts etc...you'll be amazed at the amount of lost property we generate!

Class	Boys	Girls
Mini Movers sessional classes for ballet and tap Twirling Tu-Tu's and Tiny Tappers	Black or Navy shorts, white T-shirt, black ballet shoes, and black tap shoes(for tiny tappers)	Pink leotard, pink tights or pink socks, pink ballet skirt pink ballet shoes for Twirling Tu-Tu's and black paten tap shoes for Tiny Tappers
Mini Movers Twist and Tumble	Black or Navy shorts, white T-shirt – bare feet	Black bodysuit (any style), Beige convertible tights Black dance shorts (optional) – bare feet
Mini Groovers (Hip Hop)	Comfortable clothing – no jeans please – clean indoor running shoes	Comfortable clothing – no jeans please – clean indoor running shoes

<p>Rising Stars Ballet/Tap (See Hip Hop and Acro Listings below for Rising Stars)</p>	<p>Navy shorts, white T-shirt, white ballet shoes and black tap shoes.</p>	<p>Sleeveless, or short sleeve, pink leotard leotard with matching skirt, pale pink. Pink soft ballet slippers and black paten tap shoes – tights or short pink socks. Leotard: Mondor styles. Skirt also available from Mondor.</p>
<p>Ballet Grades 1&2</p>	<p>Navy shorts, white T-shirt, white ballet shoes.</p>	<p>Royal Academy of Dance Mondor Sleeveless tank scoop neck PCL leotard, NAVY, with matching elastic belt. Pink soft ballet slippers with elastic and short pink socks (no shorts or skirts permitted) **Also requires Character Attire – See below</p>
<p>Ballet Grades 3 - 5</p>	<p>Navy shorts, white T-shirt, white ballet shoes.</p>	<p>Royal Academy of Dance Sleeveless pinch front PCL leotard, NAVY, with matching elastic belt. Pink convertible nylon ballet tights Pink soft ballet slippers with pink elastics. (no shorts or skirts) **Also requires Character Attire – See below</p>
<p>CHARACTER ATTIRE REQUIRED FOR BALLET GRADES 1 THROUGH 5 *Please note that this attire should be brought to all of your lessons throughout the year.</p>	<p>Boys will require black character shoes as well – to be brought to every lesson</p>	<p>Character Skirt - should be full circle or gathered (the former style is preferred) The ideal material is a heavy polyester gaberdine or a heavy polyester cotton blend. The preferred color is black. Ribbon trim of the instructors choice at the bottom edge of the skirt in colors</p>

<p>Major Levels - (intermediate foundation and up)</p>	<p>Males are required to wear a white leotard or well fitted short sleeved t-shirt worn tucked into stirrup tights. Tights may be black or navy White socks to be worn over tights and white canvas or leather soft ballet shoes with elastic. Split sole shoes are permitted\</p>	<p>complimentary to the students leotard should be added. (Colors preferred are red on top, navy in the middle and green on the bottom) Skirt length should fall between the bottom of the knee and mid-calf (usually measure 2-3inched below the dancers knee. -these skirts are also available to purchase at some dancewear shops (listed below)</p> <p>Character Shoes - both leather or canvas top character shoes with pink elastic across the instep are acceptable Grades 1 and 2 - a low heel is required Grades 3 to 5 - dancers have the option of a 1-1/4</p> <p>Black spaghetti strapped bodysuit, convertible pink nylon tights, pink soft pointe shoes with ribbons - pointe shoes (if permission given by instructor, to be brought to all lessons - the dancer will be notified if they are ready to start pointe work) (no shorts or skirts permitted) *dancers are reminded to purchase a bodysuit in which their bra can be hidden, no sports bras please.</p>
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<p>All Jazz and/or musical theatre, and Tap Programs</p>	<p>Black or Navy shorts, fitted white T-shirt, white socks, black jazz shoes.</p> <p>For Primary and/or Junior Level 1 Jazz – black ballet slipper</p> <p>For Junior Level 2 Jazz and up - black split sole jazz shoe</p> <p>For all levels of Tap – black split sole tap shoe</p>	<p>- Black bodysuit (any style), beige tights (convertible tights are recommended) and form fitted dance shorts</p> <p>-Absolutely no tank tops, t-shirts, sweatshirts etc are allowed</p> <p>For Pre-Primary level, dancers may continue in their pre-primary ballet attire or parents have the option of purchasing the Primary jazz attire (see below)</p> <p>For Primary and/or Junior Level 1 Jazz– black ballet slipper</p> <p>For Junior Level 2 – Pre-Inter 2 Jazz– Black split sole jazz shoe</p> <p>- Pre-Inter Level 3 and up – Beige/Tan split sole jazz shoe (*please note that this may change due to costuming based on the instructor’s choice)</p> <p>*** All hair must be in a proper bun – using hair nets and bobby pins</p> <p>For Beginner to Junior Level 1 Tap – Black paton tap shoes</p> <p>For Junior Level 2 tap and up – Black split sole tap shoe – tie up or slip on both acceptable</p>
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<p>Acro, Aerial Arts and Tumbling – all levels (Rising Stars and up)</p>	<p>White form fitted t-shirt and black shorts</p> <p>Bare feet</p>	<p>Black tank or spaghetti strap bodysuit (no fancy bodysuits with extra straps)</p> <p>Beige capri tights (not convertible)</p> <p>Black form fitted shorts</p> <p>Bare Feet</p> <p>Hair in a low bun or two French braids to a bun and completely out of the face</p>
<p>Hip-hop – All levels (Rising Stars and Up)</p> <p>*Please make note of the required shoes for each level)</p>	<p>Sweat Pants, Dance pants, track pants, tank tops or dance tops are only allowed. Absolutely no jeans are allowed at any lesson</p> <p>For Primary to Junior level 2 – Clean indoor white sneakers</p> <p>For Jr. Level 3 & Pre inter levels 1-3 – Clean, indoor use only, Black and white low top converse style sneakers</p> <p>Advanced levels – Indoor use only, Black/white low top vans</p>	<p>Sweat Pants, Dance pants, track pants, tank tops or dance tops are only allowed. Absolutely no jeans are allowed at any lesson</p> <p>For Primary to Junior level 2 – Clean indoor white sneakers</p> <p>For Jr. Level 3 & Pre-Inter levels 1 - 3 – Clean, indoor use only, Black and white low top converse style sneakers</p> <p>Inter Level 1 – Advanced – Indoor use only, Black/white low top vans</p>